

# Cohort profile

## The ESC-EORP Chronic Ischemic Cardiovascular Disease Long-Term (CICD LT) registry

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\*A complete list of the CICD Investigators is provided in the appendix 1

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## Abstract

**Aims:** The European Society of cardiology (ESC) EURObservational Research Programme (EORP) Chronic Ischemic Cardiovascular Disease registry Long Term (CICD) aims to study the clinical profile, treatment modalities and outcomes of patients diagnosed with CICD in a contemporary environment in order to assess whether these patients at high cardiovascular risk are treated according to ESC guidelines on prevention or on stable coronary disease and to determine mid and long term outcomes and their determinants in this population

**Methods and results:** 9174 patients over 18 years with documented CICD defined by an history acute coronary syndrome with /without ST elevation ,previous coronary revascularization or stable coronary artery disease were enrolled between May 1<sup>st</sup> 2015 and July 31<sup>st</sup> 2018. Individual patient data on clinical profile, biology and treatment modalities were collected across 154 centers from 20 ESC countries.

A two years follow up is scheduled in order to determine the following clinical outcomes: all cause and cardio-vascular (CV) death, all cause and cardio-vascular hospitalizations, changes in medications and quality of life using the EuroQol5D-5L score.

**Conclusion:** The CICD Long Term is an international registry of care and outcomes of patients hospitalised with Chronic Ischemic Cardiovascular Disease which will provide insights into the contemporary profile and management of patients with this common disease.

### Key words:

Chronic Coronary Disease, registry, clinical outcomes, demographics, medications

## **Introduction**

Chronic ischemic coronary disease is a major burden on public health and affects millions of patients worldwide. It is also one of the major causes of death in Europe (1-4)

Over the years, the clinical characteristics, risk factors, treatment modalities and clinical outcomes have changed markedly due to new imaging modalities, improved prevention awareness and more efficient revascularization therapies whereas ageing populations are more prone to develop this condition.

Moreover, important geographic disparities in presentation, diagnostic procedures treatment modalities and clinical outcomes have been identified. (5,6)

In this context, it is important to reassess in a contemporary environment the clinical profile, diagnostic modalities, treatment and clinical outcomes of a large ESC population affected by chronic ischemic coronary disease and to identify potential geographic variations as well as determinants of major clinical events.

We therefore designed and implemented the ESC EORP Chronic ischemic cardio vascular disease (CICD) registry to undertake a contemporary investigation of the profile, care and outcomes across ESC countries based on the experience acquired from the CICD pilot registry(7,8).The population enrolled in the CICD registry Long term is intended to reflect the entire spectrum of patients with CICD in the heterogeneous context of the ESC countries and our data will be compared to those from other international registries

### **Aim of CICD:**

The ESC EORP CICD Long term registry is an international prospective observational longitudinal registry. The aims of the CICD registry are:

To characterize CICD patients in terms of:

- demographic characteristics
- clinical profiles

- management according to the clinical profiles and potential gaps between routine treatments and evidenced-based therapies recommended by ESC guidelines on the management of stable coronary artery disease published in 2013 and guidelines on cardiovascular disease prevention published in 2016

To determine mid and long term (1 and 2 years) outcomes and their determinants.

### **Selection and invitation of Centres**

University and non-university hospitals of any volume of activity within ESC countries were invited to join CICD on a voluntary basis. All 57 ESC member countries were invited to participate in CICD, with centres within the countries being selected by a National Coordinator from the country.

In each participating country, the total number of centres was selected on the basis of the number of inhabitants by country:

- 2 centres every 1 million inhabitants for countries with a population inferior to 5 million inhabitants,
- 1 centre every million from 5 to 30 million inhabitants and
- At least 1 centre every 2 million inhabitants for countries with a population superior to 30 million inhabitants.

The total number of centres in each participating country was split according to the proportion of existing centres with/without a catheterization laboratory facility.

Centres with catheter laboratory facilities enrolled patients who were or were not revascularized.

The investigator centres were accepted on a voluntary basis through national coordinators, according to the criteria reported above.

Each National Coordinator supplied to the Executive Committee a list of potential medical/surgical centres technically suitable to set up such a registry and was requested to indicate whether the proposed medical centre was a referral/community, with/without cardiac surgery, with/without interventional cardiology

As far as possible, we tried to propose centres that were evenly distributed across geographical areas within each country.

The site characteristics are described on the CICD specific Case Report Form (CRF).

By means of an electronic case record form, individual patient data were collected across 230 variables (583 including the dependent questions). These data include patient characteristics, clinical, biological, and treatment modalities. Follow-up data will include the major clinical outcomes listed above

The CICD LT registry is managed by the ESC EurObservational team under the control of an executive committee (composition see annex) made of experts in the management of chronic ischemic cardiovascular diseases.

### **Population and consent**

9174 patients were enrolled in 154 centers from 20 ESC countries, All consecutive patients aged over 18 years with a CICD diagnosis included had either a routine follow up after an acute coronary syndrome (both ST and non ST elevation acute coronary syndrome) or elective revascularization or had an established stable coronary disease .

Established stable coronary artery disease was defined as effort induced angina or rest angina with documented myocardial ischemia detected by exercise test or any stress imaging or presence of a documented >50% stenosis in a least one major coronary artery.

Patients presenting with an acute coronary syndrome in the previous 30 days were excluded.

All participants received detailed written information concerning the study and provided signed informed consent

**Patient identification:** Participants were identified according to CICD inclusion criteria and were given a unique study number.

Inclusion criteria have been defined as:

- Patient has signed the informed consent for the primary objectives
- Patient has signed the informed consent for the secondary objectives
- Patient age 18 years or above
- Presenting with CICD as defined above

**Start points:** Any patient aged over 18 years and hospitalised between May 1<sup>st</sup>, 2015 to July 31<sup>st</sup>, 2018 with CICD as defined above. Consecutive recruitment was requested in each participating center.

### **Baseline and follow-up data:**

Baseline data included demographic data(site of inclusion, type of site, type of CICD inclusion sub-category, age, sex), medical history including risk factors, co-morbidities, clinical data, previous cardiac revascularization and type of revascularization, electrocardiographic data, echocardiographic ejection fraction, classes of medications before inclusion and after the admission/outpatient inclusion visit, detailed standard biology, C reactive protein.

Follow up data include death and cause of death (cardiovascular/non cardio-vascular), rehospitalizations (all cause and cardiovascular) medications (rates of prescriptions) and quality of life data using the EuroQol5D-5L scoring system.

Follow up is scheduled at one year (closed Q4 2019) and two years (closed Q4 2020)

**Data capture and storage:** Participant identifiable data were used to track subsequent clinical care and outcomes, with the identifiable data only residing on local centre computers. These data were then pseudonymised by means of a unique patient study code before electronic transmission via the ESC-EORP Data Entry System Security using SSL (Secure Sockets Layer) network encryption to a dedicated secure server (Microsoft SQL Server 2012 Database server) at the central data warehouse (The European Heart House, France). Data Collection Officers and local investigators at participating centres had access to electronic case report forms through secure login on the EORP website. Individual login names and passwords were distributed by the EORP team to the participating centres.

**Data quality** Data quality was monitored by the ESC EORP CICD administrative and data management team. This included edit checks (for missing data, date chronology, numeric value ranges) and a Data Validation Plan listing all the checks carried out to ensure data consistency and adherence to the protocol, including missing data, consistency of the chronology in the dates and between the data of the different visits of the study (cross checks), and the numeric values entered are included in the predefined ranges

**Endpoints and linkage to other data:**

The primary end point is the composite of cardio vascular death or cardio vascular rehospitalisation at one and two years and secondary endpoints include all cause death or all cause rehospitalization, cardio vascular death, cardiovascular rehospitalisation, all cause rehospitalisation rate of prescription of recommended therapies quality of life assessed by the EuroQol 5D scoring system. Data will be collected from participating centers medical records, contacts with physicians and if needed contact with participants by telephone.

## **Conclusion:**

The ESC EORP CICD registry is a comprehensive and far reaching observational cohort of patients with CICD. The registry will describe the contemporary profile of patients admitted to both general and referral hospitals with CICD, their investigations, treatment and clinical outcomes in 20 ESC countries and document how we care for patients with CICD in the light of recommendations from the 2013 ESC Clinical Practice Guidelines for the management of stable coronary disease (to be updated in 2019) and from the 2016 prevention guidelines . CICD will, in particular indicate whether this high cardiovascular risk population is treated by recommended preventive classes of medications and if geographic variations are observed across participating countries. CICD LT data will be compared to data deriving from other international registries

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## **Conflict of Interest statement**

Dr. Cosentino reports personal fees from Novo Nordisk, personal fees from MSD, personal fees from Pfizer, personal fees from Mundipharma, personal fees from Eli Lilly, personal fees from BI, personal fees from AstraZeneca, personal fees from BMS, outside the submitted work;

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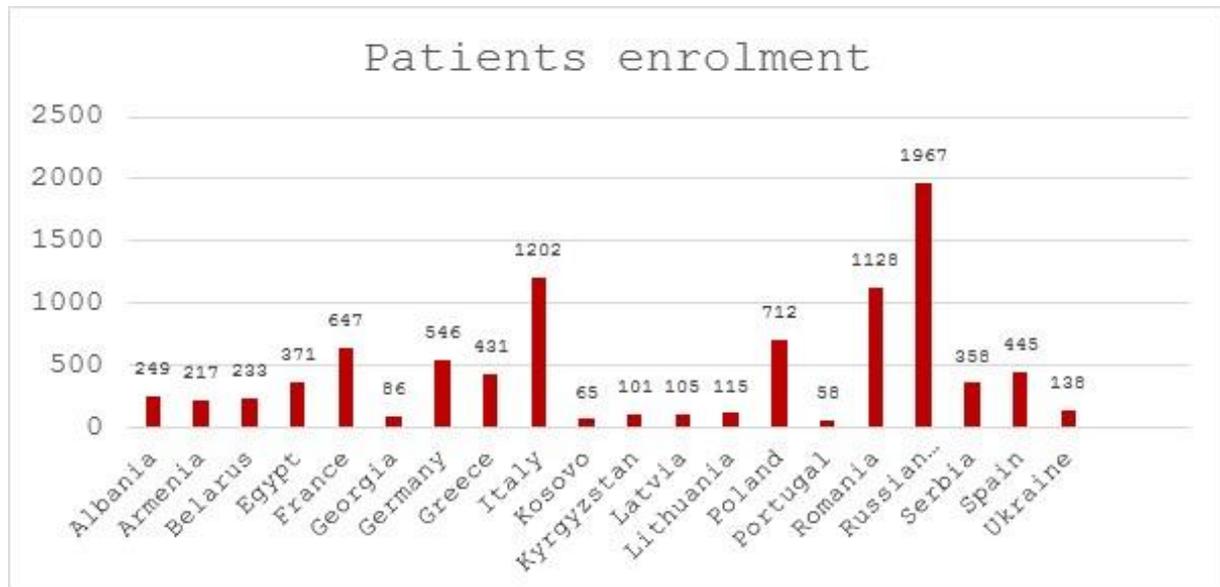
## Figure legends:

**Figure 1:** Patients enrolment per country in the ESC EORP CICD registry

**Table 1:** Numbers of patients included in the ESC EORP CICD registry according to participating countries. Patients analysed (by country and type of visit)

**Table 2:** Recruitment by country and by type of inclusion criteria in the ESC EORP CICD registry

**Figure 1.** Patients enrolment per country in the ESC EORP CICD registry



**Table 1.** Numbers of patients included in the ESC EORP CICD registry

according to participating countries. Patients analysed (by country and type of visit)

| <b>Countries</b>   | <b>All<br/>(n =9174)</b> | <b>Routine visit<br/>(n =7061)</b> | <b>Elective<br/>revascularisation<br/>procedure<br/>(n =2113)</b> |
|--------------------|--------------------------|------------------------------------|-------------------------------------------------------------------|
| ESC countries      | 9174                     | 7061                               | 2113                                                              |
| Albania            | 249                      | 206                                | 43                                                                |
| Armenia            | 217                      | 216                                | 1                                                                 |
| Belarus            | 233                      | 215                                | 18                                                                |
| Egypt              | 371                      | 194                                | 177                                                               |
| France             | 647                      | 551                                | 96                                                                |
| Georgia            | 86                       | 51                                 | 35                                                                |
| Germany            | 546                      | 269                                | 277                                                               |
| Greece             | 431                      | 250                                | 181                                                               |
| Italy              | 1202                     | 804                                | 398                                                               |
| Kosovo             | 65                       | 50                                 | 15                                                                |
| Kyrgyzstan         | 101                      | 100                                | 1                                                                 |
| Latvia             | 105                      | 49                                 | 56                                                                |
| Lithuania          | 115                      | 82                                 | 33                                                                |
| Poland             | 712                      | 585                                | 127                                                               |
| Portugal           | 58                       | 5                                  | 53                                                                |
| Romania            | 1128                     | 994                                | 134                                                               |
| Russian Federation | 1967                     | 1652                               | 315                                                               |

|         |     |     |    |
|---------|-----|-----|----|
| Serbia  | 358 | 319 | 39 |
| Spain   | 445 | 428 | 17 |
| Ukraine | 138 | 41  | 97 |

**Table 2.** Recruitment by country and by type of inclusion criteria in the ESC EORP CICD registry

| <b>Countries</b>   | <b>All<br/>(n =9174)</b> | <b>Previous STEMI<br/>(n =3497)</b> | <b>Previous<br/>NSTEMI ACS<br/>(n =2177)</b> | <b>Previous coronary<br/>revascularisation<br/>(n =1682)</b> | <b>Stable coronary artery<br/>disease<br/>(n =1818)</b> |
|--------------------|--------------------------|-------------------------------------|----------------------------------------------|--------------------------------------------------------------|---------------------------------------------------------|
| ESC countries      | 9174                     | 3497                                | 2177                                         | 1682                                                         | 1818                                                    |
| Albania            | 249                      | 72                                  | 52                                           | 25                                                           | 100                                                     |
| Armenia            | 217                      | 82                                  | 41                                           | 13                                                           | 81                                                      |
| Belarus            | 233                      | 146                                 | 47                                           | 12                                                           | 28                                                      |
| Egypt              | 371                      | 114                                 | 55                                           | 46                                                           | 156                                                     |
| France             | 647                      | 256                                 | 152                                          | 179                                                          | 60                                                      |
| Georgia            | 86                       | 31                                  | 35                                           | 4                                                            | 16                                                      |
| Germany            | 546                      | 81                                  | 75                                           | 259                                                          | 131                                                     |
| Greece             | 431                      | 119                                 | 90                                           | 104                                                          | 118                                                     |
| Italy              | 1202                     | 382                                 | 409                                          | 231                                                          | 180                                                     |
| Kosovo             | 65                       | 36                                  | 9                                            | 8                                                            | 12                                                      |
| Kyrgyzstan         | 101                      | 22                                  | 33                                           | 0                                                            | 46                                                      |
| Latvia             | 105                      | 24                                  | 8                                            | 39                                                           | 34                                                      |
| Lithuania          | 115                      | 46                                  | 31                                           | 11                                                           | 27                                                      |
| Poland             | 712                      | 158                                 | 260                                          | 139                                                          | 155                                                     |
| Portugal           | 58                       | 4                                   | 7                                            | 10                                                           | 37                                                      |
| Romania            | 1128                     | 453                                 | 259                                          | 166                                                          | 250                                                     |
| Russian Federation | 1967                     | 1029                                | 365                                          | 284                                                          | 289                                                     |
| Serbia             | 358                      | 178                                 | 81                                           | 69                                                           | 30                                                      |
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STEMI= ST segment elevation myocardial infarction; NSTEMI= Non-ST-Elevation Acute

Coronary Syndrome.

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| Egypt              | 371                      | 114                                 | 55                                           | 46                                                           | 156                                                     |
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| Georgia            | 86                       | 31                                  | 35                                           | 4                                                            | 16                                                      |
| Germany            | 546                      | 81                                  | 75                                           | 259                                                          | 131                                                     |
| Greece             | 431                      | 119                                 | 90                                           | 104                                                          | 118                                                     |
| Italy              | 1202                     | 382                                 | 409                                          | 231                                                          | 180                                                     |
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## Patients enrolment

