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Good survival outcome of metastatic SDH-deficient gastrointestinal stromal tumors harboring *SDHA* mutations

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Purpose: A subset of patients with *KIT/PDGFR*A wild-type gastrointestinal stromal tumors show loss of function of succinate dehydrogenase, mostly due to germ-line mutations of succinate dehydrogenase subunits, with a predominance of succinate dehydrogenase subunit A. The clinical outcome of these patients seems favorable, as reported in small series in which patients were individually described. This work evaluates a retrospective survival analysis of a series of patients with metastatic *KIT/PDGFR*A wild-type succinate dehydrogenase-deficient gastrointestinal stromal tumors.

Methods: Sixty-nine patients with metastatic gastrointestinal stromal tumors were included in the study (11 *KIT/PDGFR*A wild-type, of whom 6 were succinate dehydrogenase deficient, 5 were non-succinate dehydrogenase deficient, and 58 were *KIT/PDGFR*A mutant). All six succinate dehydrogenase-deficient patients harbored *SDHA* mutations. Kaplan–Meier curves and log-rank tests were used to compare the survival of patients with succinate dehydrogenase subunit A-mutant gastrointestinal stromal tumors with that of *KIT/PDGFR*A wild-type patients without succinate dehydrogenase deficiency and patients with *KIT/PDGFR*A-mutant gastrointestinal stromal tumors.

Results: Follow-up ranged from 8.5 to 200.7 months. The difference between succinate dehydrogenase subunit A-mutant gastrointestinal stromal tumors and *KIT/PDGFR*A-mutant or *KIT/PDGFR*A wild-type non-succinate dehydrogenase deficient gastrointestinal stromal tumors was significant considering different analyses ($P = 0.007$ and $P = 0.033$, respectively, from diagnosis of gastrointestinal stromal tumor for the whole study population; $P = 0.005$ and $P = 0.018$, respectively, from diagnosis of metastatic disease for the whole study population; $P = 0.007$ for only patients who were metastatic at diagnosis).

Conclusion: Patients with metastatic *KIT/PDGFR*A wild-type succinate dehydrogenase-deficient gastrointestinal stromal tumors harboring succinate dehydrogenase subunit A mutations present an impressively long survival. These patients should be identified in clinical practice to better tailor treatments and follow-up over time.

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A subset of patients with *KIT/PDGFR*A wild-type gastrointestinal stromal tumors (GISTs) show loss of function of succinate dehydrogenase (SDH), resulting in negative immunohistochemical staining for the SDH subunit B (SDHB) protein.^{1–6} In ~40 to 50% of cases, the cause of the SDH deficiency is germ-line mutation in any of subunits A, B, C, or D, although mutations in *SDHA* are predominant.⁷ In the remaining cases, the molecular cause of tumorigenesis and SDH deficiency is unknown. Other molecular events correlated with SDH complex deficiency in GIST have recently been described. Epigenomic studies suggest a correlation between succinate metabolism and tumor genomic

methylation.⁸ Moreover, a microRNA profiling study showed that wild-type SDHB-immunonegative tumors present a distinct pattern compared with *KIT/PDGFR*A-mutant tumors.⁹ The common clinical and pathological features of patients with SDH-deficient GIST have been widely described.¹⁰ According to a small series in which patients were individually described, these patients seem to have favorable clinical outcomes even after the development of metastases.^{6,7} To date, however, no survival analysis of these patients has been explored. The aim of this work was to evaluate a survival analysis of adult patients with metastatic *KIT/PDGFR*A wild-type SDH-deficient GIST

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as compared with patients with *KIT/PDGFR*A wild-type non-SDH-deficient and *KIT/PDGFR*A-mutant GIST to better define the trend of their clinical outcomes in the metastatic setting.

MATERIALS AND METHODS

Patients and tumors

Sixty-nine patients with metastatic GIST who came to our clinic from 2004 were retrospectively evaluated and included in the study (mean age, 56.2 years (range: 27–79 years); 34 female, 35 male; 31 stomach, 33 small-intestine, and 5 other tumors).

Nonmetastatic patients and patients with localized GIST surgically removed without recurrence were excluded because their prognosis is highly affected by other factors, including mitotic count and the anatomic site rather than the SDH or *KIT/PDGFR*A genotype. Eleven patients presented with *KIT/PDGFR*A wild-type GIST and 58 with *KIT/PDGFR*A-mutant GIST. In all patients with *KIT/PDGFR*A wild-type GIST, screening for other tumors, paraganglioma, or pheochromocytoma was performed during the follow-up for GIST, and family and personal history were assessed. Patients with GIST and a known genetic syndrome were excluded because their disease commonly has a different natural course than that of sporadic cases.¹⁰

For the patients with *KIT/PDGFR*A wild-type GIST, SDH-deficient status was assessed by immunohistochemical negativity for the SDHB protein and by SDH genome sequencing of all four subunits. Six of 11 patients had SDH-deficient GIST, and 5 patients had non-SDH-deficient GIST. All six patients with SDH-deficient GIST had SDHA-mutant GIST, and all cases except two have been previously described.^{2,4,7} None of the five patients with *KIT/PDGFR*A wild-type non-SDH-deficient GIST had mutations in any SDH complex subunits.

Forty-nine of 58 patients with *KIT/PDGFR*A-mutant GIST (84%) had a GIST with primary mutations in *KIT* exon 11, and 9 patients (16%) had a GIST with a primary mutation in *KIT* exon 9. Exon 18 *PDGFR*A D842V-mutant GISTs were excluded because they are resistant to tyrosine kinase inhibitors, which may introduce a bias in a survival study of metastatic GIST.

Statistical analysis

The survival analysis focused on the patients with metastatic SDH-deficient GIST (in this study, all patients harbored SDHA mutations hereafter referred to as SDHA mutant GIST), as compared with patients with metastatic *KIT/PDGFR*A wild-type GIST without SDH deficiency and patients with metastatic *KIT/PDGFR*A-mutant GIST. Kaplan–Meier curves using log-rank tests were developed for the overall survival (OS) of all three groups of patients. The survival analyses examined (i) the time from diagnosis of GIST to the death of the patient or the last follow-up for the whole study population, (ii) the time from diagnosis of metastatic disease (at first diagnosis or at recurrence) to the death of the patient or the last follow-up for the whole study population, and (iii) for cases with metastases at diagnosis, the time from diagnosis of GIST to the death of the patient or the last follow-up.

RESULTS

The characteristics and clinical outcomes of patients with *KIT/PDGFR*A wild-type GIST (both SDHA-mutant GIST and non-SDH-deficient GIST) are listed in **Table 1** (overall mean age: 39.7 years (range: 19–65 years); mean age of patients with SDHA-mutant GIST: 27 years (range: 19–39 years); and mean age of patients with non-SDH-deficient GIST: 55 years

Table 1 Patient/tumor characteristics and outcome data of *KIT/PDGFR*A wild-type succinate dehydrogenase (SDH)-deficient gastrointestinal stromal tumor (GIST) and *KIT/PDGFR*A wild-type non-SDH-deficient GIST

ID	Sex	Age (years)	Site	Site of metastasis	SDH mutational status	Response to imatinib (months)	Response to sunitinib (months)	Response to nilotinib (months)	Response to other TKIs (months)	Clinical follow-up (months)
GIST_07	F	28	Stomach	Liver, lymph nodes, lung	SDHA mutated	6	23	79, ongoing	–	Alive (110)
GIST_10	M	30	Stomach	Liver, lymph nodes	SDHA mutated	58, ongoing	–	–	–	Alive (74)
GIST_145	F	39	Stomach	Liver, lymph nodes	SDHA mutated	12	20	82, ongoing	–	Alive (121)
GIST_150	M	19	Stomach	Liver	SDHA mutated	4	29, ongoing	–	–	Alive (191)
GIST_151	F	21	Stomach	Liver	SDHA mutated	19, ongoing	–	–	–	Alive (200)
ID_9 ^a	F	25	Stomach	Lymph nodes	SDHA mutated	–	–	–	–	Alive (22)
GIST_219	M	44	Stomach	Liver, lung	SDH WT	6	4	–	2 ^b	DOD (68)
GIST_279	F	41	Colon	Peritoneum	SDH WT	4	3	–	12 ^c , ongoing	Alive (35)
GIST_275	F	65	Ileum	Peritoneum	SDH WT	16	47, ongoing	–	–	DOD (92)
GIST_207	M	62	Ileum	Peritoneum	SDH WT	36	3	–	–	DOD (36)
GIST_127	F	63	Ileum	Liver, lung	SDH WT	4	10, ongoing	–	–	Alive (128)

DOD, dead of disease; TKI, tyrosine kinase inhibitor; WT, wild type.

^aPatient reported in ref. 4. ^bSorafenib. ^cRegorafenib.

(range: 41–65 years)). All patients with *SDHA*-mutant GIST except one presented with metastatic disease at the time of diagnosis.

Therapeutic management included the following: Two patients (GIST_07 and GIST_145) received three lines of therapy (imatinib, sunitinib, and nilotinib (now ongoing)), and both underwent primary debulking surgery during sunitinib treatment; three patients underwent surgery of primary tumors and metastases at the time of diagnosis and, of them, one patient (GIST_10) then received only imatinib (now ongoing); one patient (GIST_150) received imatinib and then sunitinib (now ongoing); and one patient (ID_9) did not receive any tyrosine kinase inhibitor therapy. Only one patient with *SDHA*-mutant GIST (GIST_151) presented with localized disease at diagnosis, underwent radical surgery of the primary tumor, and at recurrence received

imatinib (now ongoing). All patients with *KIT/PDGFR*A wild-type GIST without SDH deficiency presented with localized disease at the time of diagnosis and underwent surgery of primary tumors. At recurrence, the therapeutic management of these patients included only tyrosine kinase inhibitors, and only one patient (GIST_127) underwent surgery for a solitary hepatic lesion at first recurrence.

Twenty-seven of 58 patients with *KIT/PDGFR*A-mutant GIST (46%) had a localized GIST at diagnosis and then presented a recurrence, whereas 31 of 58 (54%) presented with metastatic disease at diagnosis. The treatment of these patients was commonly according to standard guidelines. All of them received at least first-line therapy with imatinib, 32 patients (55%) received second-line therapy with sunitinib, and 13 patients (22%) received a third-line therapy (nilotinib, regorafenib, or sorafenib).

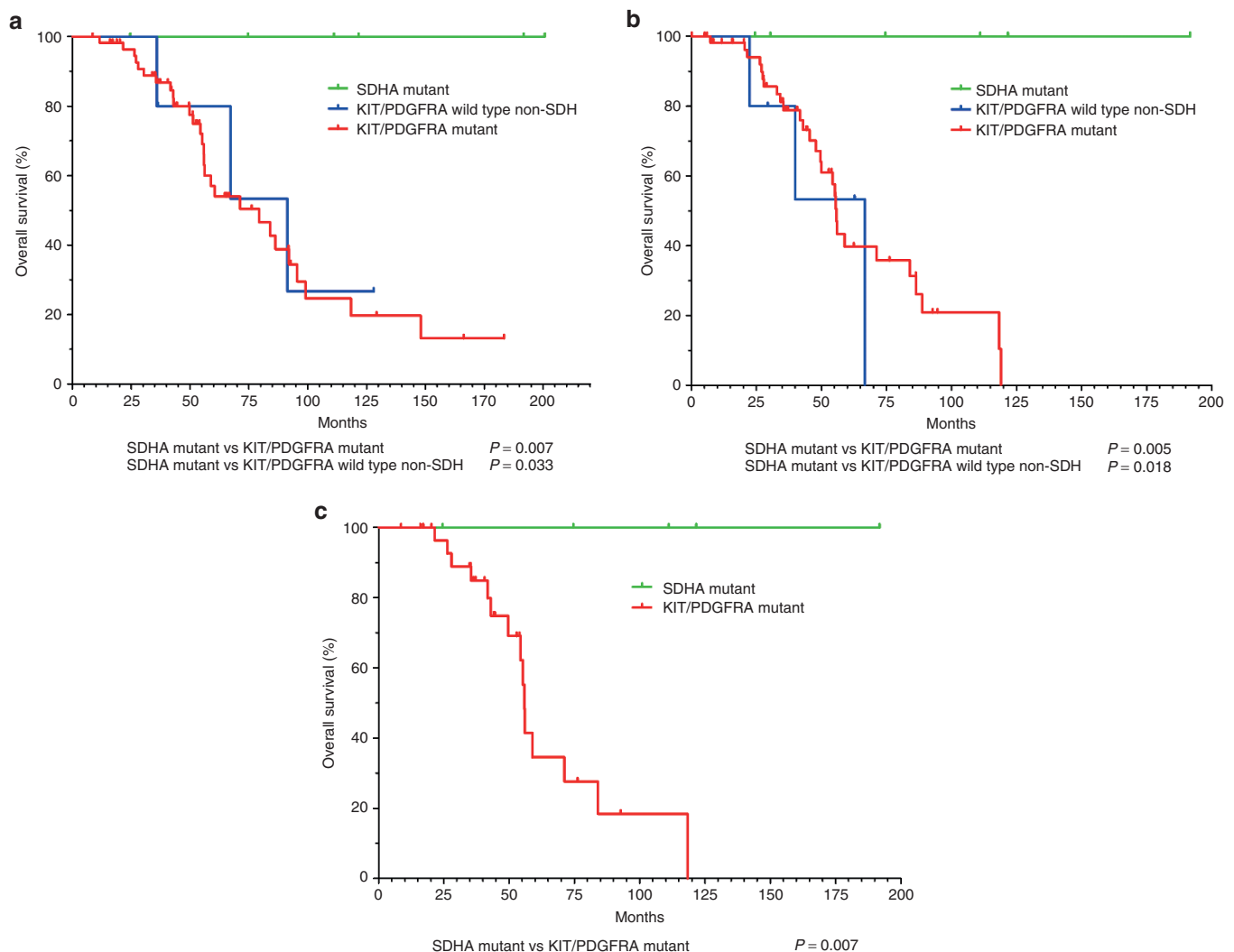


Figure 1 Overall survival curves of patients with metastatic succinate dehydrogenase (SDH)-deficient gastrointestinal stromal tumor (GIST) (in this study all patients harbored *SDHA* subunit A (*SDHA*) mutations) as compared with patients with metastatic *KIT/PDGFR*A wild-type GIST without SDH deficiency and patients with *KIT/PDGFR*A-mutant GIST. (a) Time from diagnosis of GIST to the death of the patient or the last follow-up for the whole study population. (b) Time from diagnosis of metastatic disease (at first diagnosis or at recurrence) to the death of the patient or the last follow-up for the whole study population. (c) Time from diagnosis of GIST to the death of the patient or the last follow-up only for cases with metastases at diagnosis.

Follow-up data were available for all patients (OS ranged between 8.5 and 200.7 months). During this period no deaths were observed in the group with *SDHA* mutations, 3 of 5 deaths occurred in the group with *KIT/PDGFR*A wild-type non-*SDH*-deficient GIST, and 28 of 58 deaths occurred in the group with *KIT/PDGFR*A-mutant GIST. The OS curves from diagnosis of GIST are reported in **Figure 1a**; the difference between the group with *SDHA*-mutant GIST and the groups with *KIT/PDGFR*A-mutant or *KIT/PDGFR*A wild-type non-*SDH*-deficient GIST was significant ($P = 0.007$ and 0.033 , respectively, log-rank test). The OS curves considered from the diagnosis of metastatic disease are reported in **Figure 1b**; the difference between the group with *SDHA*-mutant GIST and the groups with *KIT/PDGFR*A-mutant GIST or *KIT/PDGFR*A wild-type non-*SDH*-deficient GIST was significant ($P = 0.005$ and 0.018 , respectively, log-rank test). The OS curves for only the patients who had metastatic disease at diagnosis, thus excluding the *KIT/PDGFR*A wild-type non-*SDH*-deficient group—in which all patients had localized disease at diagnosis—are reported in **Figure 1c**; the difference between the group with *SDHA*-mutant GIST and the group with *KIT/PDGFR*A-mutant GIST was significant ($P = 0.007$, log-rank test).

DISCUSSION

According to a small series in which patients were individually described, patients with *SDH*-deficient GIST seem to have a favorable clinical outcome. Because the aim of this study was to describe the clinical course of patients with advanced *SDH*-deficient GIST, we evaluated OS in the metastatic setting. We did not analyze progression-free survival or the response rate for the following reasons: (i) the aim of this study was not to correlate sensitivity to single tyrosine kinase inhibitors with *SDH* status, which would require a large number of patients, even if some published data on sunitinib activity are reported for this subset of patients^{11,12}; (ii) most of the patients with *SDH*-deficient GIST received different lines of therapies (standard and/or experimental), and the sample size for each treatment was too small for any meaningful progression-free survival analysis or response rate evaluation; and (iii) two of our patients experienced impressive long-term disease stabilization for years during third-line treatment with nilotinib, which we suppose likely represents the natural history of the disease rather than an effect of the therapy administered.¹³

The survival analysis showed that *SDHA* mutations were associated with a better clinical outcome as compared with *KIT/PDGFR*A mutations and *KIT/PDGFR*A wild-type without *SDH* deficiency. The difference in survival between the group with *SDHA* mutations and the group with *KIT/PDGFR*A mutations was significant in all survival analyses (from diagnosis of primary tumors and from diagnosis of metastatic disease). These findings are extremely interesting if we consider that these patients had metastatic disease at diagnosis and they did not have a theoretical chance of cure due to their resistance to imatinib, which is the most efficacious targeted treatment in patients with GIST.

Also, the difference in survival between the group with *SDHA* mutations and the group with *KIT/PDGFR*A wild-type without *SDH* deficiency was significant. Moreover, we emphasize that the difference in OS values and clinical outcomes between the two groups should be considered substantial. In the follow-up period, all patients with *SDHA* mutations are still alive and have an extremely long OS, ranging from 74 to 200 months (~6 to 16.5 years), except for patient ID_9, in whom GIST was diagnosed only 24 months ago (**Table 1**). OS of patients without *SDH* deficiency ranged from 35 to 128 months (**Table 1**). Among these patients, however, survival of patients with longer follow-up was influenced by additional favorable clinical features, such as a long disease-free period between the removal of primary tumors and recurrence, and the use of surgery for a single hepatic lesion at first recurrence in the patient with 128 months of follow-up (GIST_127). Unfortunately, our survival findings are limited to *KIT/PDGFR*A wild-type *SDH*-deficient GIST harboring *SDHA* mutations and do not extend to the whole *SDH*-deficient GIST family. Large numbers of patients are needed to show any survival differences between the several *SDH*-deficient groups, such as those with mutations in other *SDH* subunits or those in which the cause of *SDH* deficiency does not depend on *SDH* gene mutations.

The indolent course of disease for metastatic patients with *SDHA* mutations suggests the importance of recognizing these patients in clinical practice. First, all patients carried a germline first-hit mutation in *SDHA* that required a second-hit somatic mutation to develop the tumor. So, given that mutations of the *SDH* genes are germline in patients without a personal or family history of paraganglioma or other tumors, these patients may be carriers of an attenuated form of Carney triad and Carney-Stratakis syndrome or a novel, as yet unknown syndrome. Therefore, considering the long survival in patients with metastatic disease, it is reasonable that all patients with *KIT/PDGFR*A wild-type *SDHA* mutant GIST should be genetically tested and strictly monitored over time for the development of other tumors.

Second, these patients with metastatic disease could benefit from alternative therapeutic approaches that do not adhere at all to standard guidelines, for example, primary surgical debulking or any interval surgery, for which, as is well known, the benefit is higher in patients with stable or responding disease as compared with patients with focal progressing disease. However, the indolent nature of the tumors in patients with *SDHA* mutations may make them suitable for such strategies also if they develop a mild progression.^{14,15}

Third, the loss of *SDHA* and, in general, the *SDH* complex may induce a pseudo-hypoxic status, leading to the activation of several nuclear genes involved in angiogenesis and proliferation through similar molecular pathways, as has been observed in renal cell cancers that display loss of von Hippel-Lindau tumor suppressor function.¹⁶ Although the aim of the current study was not the evaluation of progression-free survival or the response rate to single treatments, for which larger series are necessary, all three patients with *SDHA* mutations

with unresectable metastatic disease (GIST_07, GIST_10, and GIST_150) (Table 1) demonstrated resistance to imatinib and had prolonged disease control on sunitinib. Therefore, SDHA-mutant GIST could be amenable to anti-angiogenetic inhibitors for as long as possible and probably also in patients with disease progression and toxicity that may require optimizations of the schedule or dosage.

Finally, a correlation between the overexpression of the insulin-like growth factor receptor 1 protein and the status of SDH complex deficiency has been reported.^{17,18} Despite the small number of patients with this molecular background reported, the data are mature enough to examine whether insulin-like growth factor receptor 1 could be considered a target for trials with insulin-like growth factor receptor 1 inhibitors in these selected patients.

In conclusion, our findings provide further evidence that patients with *KIT/PDGFR*A wild-type SDH-deficient GIST harboring SDHA mutations experience good survival outcomes and confirm the necessity of identifying these patients in practice using a simple immunohistochemistry test for SDHB and genetic testing for all patients who are SDHB negative because their clinical management in terms of treatments and follow-up may benefit from a more patient-tailored approach.

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DISCLOSURE

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