

32 **Abstract**

33 **Background/Objectives:** Obesity is a complex disease characterized by the accumulation of excess
34 body fat, which is caused by an increase in adipose cell size and number. The major source of
35 adipocyte comes from mesenchymal stem cells (MSCs) although their roles in obesity remain
36 unclear. An understanding of the mechanisms, regulation, and outcomes of adipogenesis is crucial
37 for the development of new treatments for obesity-related diseases.

38 Recently an unexpected role for the tumor-suppressor promyelocytic leukemia protein (PML) in
39 hematopoietic stem cell biology and metabolism regulation has come to light, but its role in MSCs
40 biology remains unknown.

41 Here, we investigated the molecular pathway underlying the role of PML in the control of
42 adipogenic MSCs differentiation.

43

44 **Subjects/Methods:** Muscle-derived stem cells (MDSCs) and adipose-derived stem cells (ADSCs)
45 obtained from mice and voluntary patients, as a source of MSCs, were cultured in the presence of
46 high glucose (HG) concentration, a nutrient stress condition known to promote MSCs
47 differentiation into mature adipocytes and the adipogenic potential of PML was assessed.

48

49 **Results:** PML is essential for a correct HG-dependent adipogenic differentiation, and the
50 enhancement of PML levels is fundamental during adipogenesis.

51 Increased PML expression enables the upregulation of PKC β , which, in turn, by controlling
52 autophagy levels permits an increase in PPAR γ that leads the adipogenic differentiation.

53 Therefore, genetic and pharmacological depletion of PML prevents PKC β expression, and by
54 increasing autophagy levels, impairs the MSCs adipogenic differentiation.

55 Human ADSCs isolated from overweight patients displayed increased PML and PKC β levels
56 compared to those found in normal weight individuals indicating that the PML-PKC β pathway is
57 directly involved in the enhancement of adipogenesis and human metabolism.

58

59 **Conclusions:** The new link found among PML, PKC β , and autophagy opens new therapeutic
60 avenues for diseases characterized by an imbalance in the MSCs differentiation process, such as
61 metabolic syndromes and cancer.

62

63

64 **Introduction**

65 Mesenchymal stem cells (MSCs) are multipotent cells with the potential to differentiate into a
66 variety of cell lineages and high self-renewal potential (1). Therefore, the biology of MSCs, their
67 capacity to treat various diseases and their potential role in managing the components of metabolic
68 syndrome have been extensively studied (2, 3).

69 Hyperglycemia is a common nutrient stress condition that can occur in patients with type 2 diabetes,
70 who are typically obese. Obesity is considered the main cause of metabolic syndrome due to the
71 increased adipocyte size and number (4-6). MSCs are a major source of adipocyte generation (7);
72 thus, the identification of new molecular adipogenesis regulators could provide innovative
73 therapeutic strategies for metabolic and obesity-related disorders.

74 Several important regulatory pathways, particularly the Wnt signaling pathway, have been found to
75 participate in the regulation of MSCs proliferation and differentiation. The effects of Wnt signaling
76 can induce different or even opposing biological functions (8-10); indeed, the complex effect of
77 Wnt signaling is closely related to its target genes. Interestingly, the PML gene can function as a
78 target of the Wnt signaling pathway (11). Thus, promyelocytic leukemia protein (PML) has newly
79 emerged as a possible regulator of stem cell biology.

80 PML was first identified as a fusion partner of human retinoic acid receptor alpha (RAR α) when a
81 chromosomal translocation was discovered in acute promyelocytic leukemia (APL) (12-14), and its
82 role in solid tumors and leukemia pathogenesis has been thoroughly investigated (15-18).

83 Recently, PML has been shown to be required for hematopoietic stem cell maintenance and neural
84 progenitor cell differentiation (19, 20), but its role in MSCs biology remains unknown. Moreover,
85 different groups have reported that the expression of PML is relevant to the response to metabolic
86 insults, nutritional disorders, and obesity, but the results of these studies are contradictory (21-23).
87 Thus, in this work we investigated the molecular pathway involved in the process.

88

89 **Materials and Methods**

90 *Cell cultures*

91 Primary MDSC cultures were prepared from newborn C57BL/6 WT, PML KO and PKC β KO
92 mice. Five-day-old mice were sacrificed, and the skeletal muscles were isolated. After washes and
93 bone removal, the muscles were minced and digested for 1 hour with 0.2% collagenase A (Roche
94 103586) at 37°C. Using a 75- μ m cell strainer, the obtained cells were purified from the undigested
95 tissue and plated in DMEM LG (5 mM glucose). After 2 hours, the suspension containing the

96 MDSCs was transferred to a new dish, and this passage was repeated after 24 hours. The cells able
97 to attach after 24 hours were considered MDSCs.

98 Human adipose-derived stem cells (hADSCs) were extracted from human subcutaneous adipose
99 tissues from patients undergoing surgical procedures. The adipose tissues were digested with
100 0.075% collagenase (type 1A; Sigma–Aldrich) in Hank’s Balanced Salts solution for 3 hours at
101 room temperature. After inactivating the digestion process by adding DMEM containing 10% FBS,
102 the samples were centrifuged at 1200 rpm for 4 min, and the pellets containing hADSCs were
103 washed and plated.

104 For the high-glucose-dependent adipogenic differentiation, DMEM LG was replaced with DMEM
105 HG (25 mM glucose) for 7 days or the indicated time. For the classical adipogenic differentiation,
106 the MDSCs were cultured in DMEM HG plus 10 µg/mL insulin, 0.5 mM IBMX, 0.1 mM
107 indomethacin, and 1 µM dexamethasone for 3, 7 and 21 days.

108

109 *In vivo animal model*

110 Four-week-old male C57BL/6J Wild Type (WT) and PML KO mice were used in this study. All
111 mice were individually housed in structures with stainless-steel grid lids, and wood shavings were
112 scattered on the floor. The vivarium was maintained at 23°C under a 12-h light/12-h dark cycle with
113 lights off at 7 pm. The mice in the high-fat-diet group had access to pelleted Teklad Rodent Diet
114 with 60% of calories from fat (MV2 Envigo RMS S.R.L.). Deionized water and food were available
115 ad libitum.

116

117 *Oil Red O staining*

118 The Oil red (Sigma-Aldrich O0625) staining of the cytoplasmic drops of neutral lipids was
119 performed according to the standard procedure, and images were acquired using light microscopy.
120 Briefly, after fixing with 4% PAF, the cells were permeabilized with 2-propanol for 5 min and then
121 stained with ORO for 15 min.

122

123 *Immunoblotting*

124 For the immunoblotting, the following primary antibodies were used: mouse anti-PML [MAB3738]
125 (1:3000) from Millipore; rabbit anti-PPAR γ [2435] (1:1000) and rabbit anti-GAPDH [2118]
126 (1:5000) from Cell Signaling; rabbit anti-GLUT4 [2213] (1:1000), mouse anti- β -Actin [A1978]
127 (1:10000), and rabbit anti-LC3B [L7543] (1:1000) from Sigma-Aldrich; and PKC β [ab32026]
128 (1:1000) and rabbit anti-PML [ab72137] (1:1000) from Abcam. Finally, the membranes were
129 incubated with the appropriate horseradish peroxidase (HRP)-labeled secondary antibodies (Thermo

130 Fischer Scientific), followed by detection by chemiluminescence (Thermo Scientific) using Image
131 Quant LAS4000 (GE Healthcare).

132

133 *Reagents and viral vectors*

134 For the pharmacological deletion of PML, arsenic trioxide (Ato) (Sigma-Aldrich A1010) (500 nM)
135 in DMEM HG was used. Rapamycin (Calbiochem 553210) (100 nM) was used to induce autophagy
136 in the WT MDSCs. LY-294002 (Sigma-Aldrich L9908) (50 μ M) was used to inhibit autophagy in
137 the PML KODSCs. As indicated, the cells were infected with GFP-LC3 adenovirus and PKC β
138 adenovirus.

139

140 *Fluorescence microscopy and quantitative analysis of GFP-LC3 dots*

141 The cells were cultured in 24-mm glass cover slips and infected at 50% confluence with the GFP-
142 LC3 virus. After 36 hours, images were obtained under a Nikon LiveScan Swept Field Confocal
143 Microscope (SFC) Eclipse Ti equipped with NIS-Elements microscope imaging software (Nikon
144 Instruments). For each condition, the number of GFP-LC3 dots was counted in at least 20
145 independent visual fields.

146

147 *Quantitative RT-PCR*

148 Total RNA was extracted with the TRIzol Reagent (Invitrogen). Real-time PCR was performed
149 using the designed primers at a concentration of 300 nM and FastStart SYBR Green Master
150 (Roche), following the manufacturer's protocol. The values were normalized to the expression of
151 GAPDH, which served as an internal reference.

152

153 *Statistical analysis*

154 All results are expressed as the mean \pm SD. The probability of significant differences among the
155 experimental groups was determined by ANOVA, and the results following treatments showing
156 significant overall changes were subjected to post hoc Bonferroni tests. Student's t-test was
157 performed to determine the statistical significance between two groups. p-values <0.05 were
158 considered statistically significant. Different labels indicate *p<0.05, ** p<0.001, *** p<0.0001,
159 and ****p<0.00001.

160

161 **Results**

162 *1. PML is essential for high-glucose-dependent adipogenic differentiation.*

163 To determine the involvement of PML in MSCs differentiation into adipocytes, muscle-derived
164 stem cells (MDSCs) (Fig. 1a) and adipose-derived stem cells (ADSCs) (Fig. S1a) obtained from
165 PML WT and KO mice were used.

166 A high glucose (HG) concentration, which is one of the most common conditions leading to an
167 increase in adipose tissue *in vivo* (24), promotes MSCs differentiation into mature adipocytes *in*
168 *vitro* (25). The adipogenic potential of PML WT and KO MSCs was assessed by measuring in
169 immunoblotting the protein levels of PPAR γ , which is a key transcriptional factor for adipogenic
170 commitment (26), after a 7-day HG treatment. As shown in Fig. 1b, 1c and Fig. S1b, the PPAR γ
171 protein levels increased in the WT MSCs following the addition of HG; in contrast, in the PML KO
172 MSCs, the PPAR γ protein levels remained unaltered from the low-glucose (LG) condition to the
173 HG condition. Accordingly, since PPAR γ expression is under control of Peroxisome-proliferator
174 activated receptor delta (PPAR δ) (27), deletion of PML was linked to a decrease of PPAR δ levels
175 (Fig. S1c), as also reported by Ito et al.(28).

176 During adipogenesis, differentiating cells begin to accumulate lipids in their cytosol. The oil red O
177 (ORO) staining, selective for the lipids depots, revealed a substantial adipose differentiation in WT
178 MSCs grown in HG whereas PML KO MSCs cultured with HG were unable to accumulate lipids
179 and differentiate (Fig. 1d and 1e), indicating a less adipogenic conversion of MSCs in the absence
180 of PML.

181 To confirm that PML is critical for adipogenic differentiation, the PML protein levels were
182 pharmacologically decreased in the WT MSCs using arsenic trioxide (Ato), which is typically used
183 in APL therapy to degrade PML-RAR α (29). The Ato treatment drastically reduced the PML
184 protein levels in our model (Fig. 1b), and due to this reduction, the adipogenesis process was
185 prevented. Indeed, the PPAR γ protein levels did not increase after the addition of HG (Fig. 1b and
186 1c), and the number of ORO-positive cells was significantly reduced relative to that of the untreated
187 cells (Fig. 1d and 1e).

188 We then investigated whether PML deletion can prevent or only delay adipogenic differentiation.
189 The accumulation of lipid drops was monitored for 21 days and the ORO staining was analyzed.
190 The percentage of ORO-positive WT MSCs in the HG medium constantly increased, while the
191 PML KO MSCs were unable to differentiate (Fig. 1f), indicating a general block of the adipogenic
192 process.

193 Accordingly, we also observed increased PML levels over time in *in vitro* MSCs cultures during
194 HG-dependent adipogenic differentiation (Fig. 1g).

195 Furthermore, analyzing the morphology and area of the lipid drops, was clear that the adipogenic
196 deficiency observed in the PML KO MSCs was not only associated with the number of cells able to

197 differentiate but also with a deficiency in the correct lipid drop formation. As shown in Fig. 1h and
198 1i, after 21 days of HG administration, in contrast to the WT MSCs, the few PML KO MSCs that
199 were able to differentiate contained small lipid droplets that failed to fill the cytosol.

200 Altogether, these data support the hypothesis that PML is essential for correct HG-dependent
201 adipogenic differentiation.

202

203 *2. PML affects HG-induced adipogenic differentiation through autophagy modulation.*

204 Macroautophagy (termed autophagy in this manuscript) is a bulk degradation process in which
205 proteins and organelles are sequestered into double-membrane vesicles called autophagosomes and
206 subsequently degraded through the fusion of autophagosomes with lysosomes (30). By selectively
207 degrading harmful protein aggregates or damaged organelles, autophagy maintains intracellular
208 homeostasis and performs an essential quality control function within the cell (31).

209 Among its myriad of cellular and developmental functions, autophagy level regulation has emerged
210 as a key regulator of lipid metabolism and adipogenesis (32-36). Knowledge regarding the role of
211 autophagy in MSCs biology relies on the observation that primary human bone marrow MSCs have
212 high levels of constitutive autophagy that decrease as these cells differentiate into osteoblasts (37).

213 Similarly, through the analysis of the conversion of LC3-I to LC3-II via immunoblotting, we show
214 that autophagic levels in WT MSCs decrease after HG-dependent adipogenic differentiation (Fig 2a
215 and Fig. S1b).

216 Moreover, since we previously published that PML is essential for repressing the autophagic
217 process in primary mouse embryonic fibroblasts and mice (38), here we confirmed that PML plays
218 the same role also in MSCs. Indeed, PML KO MDSCs or WT MDSCs treated with Ato display
219 higher levels of LC3-II compared to WT MDSCs and prevent the decrease of LC3-II levels
220 followed by HG-adipogenic differentiation (Fig. 2a and Fig. S1b).

221 To measure the autophagic degradation activity, MSCs were treated with NH_4Cl , which abolishes
222 the acidification of lysosomes. The accumulation of LC3-II after the NH_4Cl administration (Fig. S2)
223 in both the WT and KO genotypes suggest that PML induce a real increase in the autophagic
224 process under our experimental conditions.

225 We then confirmed the involvement of autophagy during the adipogenesis process in live imaging
226 experiments analyzing autophagosomes as fluorescent cytoplasmic dots that contained LC3 fused to
227 GFP. Autophagy was decreased after HG-differentiation in WT MDSCs, while PML deletion
228 caused an increase in autophagic levels which opposed to HG-differentiation effect (Fig. 2b and 2c).

229 To verify the hypothesis that autophagy controls the adipogenic differentiation process, and in turn
230 explains the differences in adipose differentiation efficiency observed in PML WT and KO MSCs,

231 we modulated autophagy in our experimental conditions by using pharmacological agents suggested
232 by recent guidelines (39), because of the strong difficulty of transfection in this primary cell type.
233 Thus, WT MSCs were treated with rapamycin (Rapa) for 7 days to increase the autophagy level,
234 which was detected by the LC3-II conversion (Fig. 2d). Following the Rapa treatment, the PPAR γ
235 protein levels did not increase (Fig. 2d and 2e), and consequently, the % of ORO-positive cells in
236 the WT MDSCs significantly decreased (Fig. 2f) compared to that in the WT MDSCs cultured
237 under the control HG conditions.

238 However, the Ly 294002 (Ly) treatment used to inhibit autophagy (Fig. 2g), restored the ability of
239 PML KO MSCs to differentiate into adipocytes, which was demonstrated by an increase in the
240 PPAR γ protein levels (Fig. 2g and 2h) and accumulation of lipid drops (Fig. 2i).
241 Altogether these results demonstrate as a tight control of autophagy is essential for correct
242 adipocyte differentiation and PML plays a key role in this regulation.

243

244 *3. PKC β level regulation by PML enables HG-dependent adipogenic differentiation.*

245 We then decided to get more insight into the mechanisms that drive autophagy-induced adipocytic
246 differentiation in HG conditions.

247 PKC family members play essential roles in a variety of physiological functions, including cell
248 metabolism, proliferation, differentiation, migration, and apoptosis (40-42). Moreover, PKC
249 isoforms have been shown to might be involved in the regulation of adipocyte differentiation (43-
250 45), and in particular, the specific isoform PKC β was reported to inhibit autophagy (46).

251 Thus, we sought to investigate the direct involvement of PKC β in the signaling route of HG-
252 dependent differentiation process regulated by PML through autophagy control in MSCs.

253 Accordingly with data showed in Fig. 1g, we detected increased PKC β protein levels during the
254 HG-dependent adipogenesis in WT MSCs (Fig. 3a).

255 Expectedly, the PKC β KO MSCs were unable to accumulate lipid drops following the HG
256 administration (Fig. 3b and 3c) since their autophagic levels are higher than those in the WT MSCs
257 (Fig. 3d) but comparable to those in the PML KO MSCs (Fig. 2a).

258 We found out that the pharmacological and genetic deletion of PML was associated with a
259 reduction in the PKC β protein and mRNA levels (Fig. 4a-4c). The introduction of PKC β by an
260 adenovirus carrying PKC β -GFP rescued the adipogenic potential of the PML KO MSCs (Fig. 4d
261 and 4e) by restoring the correct autophagy levels and enhanced adipogenesis in the WT MSCs (Fig.
262 S3a and S3b).

263 Altogether our data indicate that, under HG conditions, increased PML expression enables the
264 upregulation of PKC β , which, in turn, by controlling autophagy levels permits an increase in

265 PPAR γ , that leads to adipogenic differentiation (Fig. 4f). In the absence of PML, and in turn
266 without PKC β expression, the increased autophagy levels favor a deregulation of adipocyte
267 differentiation through a blockade of PPAR γ activity. This signaling pathway appears to be
268 governed upstream by PML since HG promotes PML upregulation also in PKC β KO MSCs (Fig.
269 S3c). Autophagy levels correction in PKC β KO MSCs is able to determine the increment of
270 PPAR γ (Fig S3f). Moreover, the direct stimulation of PPAR γ by the addition of troglitazone (47) in
271 PML KO MSCs promotes adipogenic differentiation, bypassing PKC β upregulation (Fig. S3d and
272 S3e).

273

274 *4. hADSCs derived from overweight patients show increased PML levels.*

275 Above, we described that the genetic and pharmacological deletion of PML is associated with a lack
276 of adipogenic differentiation (Fig. 1b-f, 1h and 1i), which indeed requires PML upregulation (Fig.
277 1g). However, an excessive increase in PML could contribute to the promotion of obesity, which is
278 a complex disease characterized by the accumulation of excess body fat caused by an increase in
279 adipose cell size and number. Thus, we investigated the levels of PML in human adipose-derived
280 stem cells (hADSCs) isolated from subcutaneous adipose tissue of voluntary patients undergoing
281 surgical procedures (Fig 5a). The patients were divided into the following three groups (according
282 to the world health organization definitions): normal weight (BMI<25 kg/m²), overweight
283 (25<BMI<30 kg/m²) and obese (BMI>30 kg/m²).

284 Interestingly, the levels of PML were significantly increased in the overweight-hADSCs compared
285 to those in the normal weight-hADSCs (Fig. 5b and 5c), and the increase in PML was accompanied
286 by increased PKC β levels, supporting our hypothesis that the PML-PKC β pathway is directly
287 involved in the enhancement of adipogenesis.

288 Surprisingly, the PML levels in the obese-hADSCs were decreased relative to those in the
289 overweight-hADSCs and were comparable to those in the normal weight-hADSCs (Fig. 5b and 5c).

290 In order to investigate this unexpected data, we performed a single cell immunofluorescence
291 analysis for PML and PPAR γ in WT MSCs population after 21 days of HG differentiation. We
292 found out that those MSCs completely differentiated in adipocytes (with high PPAR γ levels and
293 visible lipid drops formed) showed decreased PML levels compared the surrounding cells (Fig.
294 S4a).

295 Furthermore, the PML levels in mature adipose tissues of mice feed with high fat diet—were
296 markedly reduced compared with those in other tissues, such as the liver (Fig. S4c), while a
297 substantial increment of PML is shown in livers of mice feed with high fat diet (FigS4b). Therefore,
298 PML increment seems only necessary during the first steps of the adipogenesis process to allow

299 PKC β expression and regulate autophagy; however, during the final phase, the PML levels must be
300 down-regulated to avoid unnecessary lipid accumulation. Abnormal conditions that bypass the
301 control of PML on adipogenesis can drive an uncommitted and faster lipids accumulation (Fig. S4b)
302 with degeneration in metabolic and obesity-related disorders. Indeed, PML WT MSCs cultured in
303 classical adipogenic medium (DMEM HG plus 10 μ g/mL insulin, 0.5 mM IBMX, 0.1 mM
304 indomethacin, and 1 μ M dexamethasone) differentiated more and faster than those subjected to the
305 HG-dependent adipogenic induction (Fig. S4e) without increases in PML levels, indicating that a
306 higher % of MSCs completely matured into adipocytes by-passing the adipogenic pathway PML-
307 dependent (Fig. S4c). Accordingly, also the PML KO MSCs were able to differentiate under
308 adipogenic medium (Fig. S4e) suggesting a completely loss of control on HG-dependent adipogenic
309 route regulated by PML.

310

311 **Discussion**

312 Obesity has become a major public health problem worldwide due to its increasing incidence and
313 because it is a major risk factor for type 2 diabetes, cardiovascular disease (48), as well as for
314 certain cancers (49). Obesity is a complex disease characterized by the accumulation of excess body
315 fat, which is caused by an increase in adipose cell size and number. Mesenchymal stem cells
316 (MSCs) are a major source of adipocyte generation; indeed, MSCs are multipotent cells that can
317 differentiate into a variety of cells of mesodermal lineage, including adipocytes (50). However, the
318 roles of MSCs in obesity remain unclear, and an understanding of the mechanisms, regulation, and
319 outcomes of adipogenesis is crucial for the development of MSCs-based treatments for obesity-
320 related diseases.

321 The regulatory mechanisms of MSCs adipogenesis are complex, but most mechanisms involve the
322 regulation of a range of transcription factors, such as peroxisome proliferator-activated receptor-
323 gamma (PPAR γ) and several members of the CCAAT/enhancer-binding proteins (C/EBPs).

324 In this study, we focused on new possible upstream regulators of the adipogenesis process, which
325 finally merged in PPAR γ upregulation. We previous identified that HG exposure plays a primary
326 role in adipogenic differentiation, providing a direct link between hyperglycemia and an increase in
327 adiposity (25), which, in turn, may play a key role in the progression of metabolic dysfunction, such
328 as an irreversible diabetic state.

329 Here, we identified PML as a critical player in the HG-dependent adipogenic process; indeed, the
330 genetic and pharmacological deletion of PML in MSCs impaired PPAR γ expression, lipid droplet
331 accumulation and thus adipogenic differentiation.

332 These data are coherent with previous findings that highlighted a critical role for PML in stem cell
333 biology and in particular in hematopoietic stem cells (HSCs), in which the absence of PML resulted
334 in the loss of HSC maintenance, loss of asymmetric division and as a consequence reduced HSCs
335 rate of differentiation (20).

336 More recently, PML has been shown to promote osteogenic differentiation in MSCs, which is
337 associated with the upregulation of integrin-binding sialoprotein (51), confirming our hypothesis
338 that PML is directly involved in the MSCs differentiation process and regulation.

339 Interestingly, in 2015, an evaluation of PML transcript abundance in a cohort of human liver
340 biopsies from lean or morbidly obese subjects was published. This study revealed a significant PML
341 upregulation in obese individuals and demonstrated that PML accumulates in hepatocytes under
342 obesity conditions (52). Here, we showed that the PML levels also increase in livers from mice fed
343 a high-fat diet compared with those in mice fed a standard diet (Fig. S4b), indicating a possible
344 correlation with liver steatosis, which is a condition of lipid accumulation in hepatocytes that is
345 frequently associated with obesity (53). Surprisingly, we found very low PML levels in adipose
346 tissues from adult mice (Fig. S4c) and in subcutaneous adipose tissue of human patients (Fig S4f) as
347 well as in hADSCs derived from obese patients (Fig 5).

348 Our hypothesis is that appropriate levels of PML are necessary for the proper regulation of MSCs
349 differentiation and metabolic homeostasis, and that PML is fundamental in the first step of
350 adipogenesis, while at the end of differentiation, as in mature adipose tissues, PML must be down-
351 regulated to avoid excessive lipid accumulation. Abnormal conditions that bypass the control of
352 PML on adipogenesis can drive an uncommitted and faster lipids accumulation (Fig S4d and S4e)
353 followed by diseases development.

354 Overall, the identification of PML as a key regulator of MSC differentiation could provide a new
355 target for the treatment of diseases in which an imbalance in MSCs differentiation is observed. For
356 instance, in 2015, Cheng et al. published a paper regarding the ability of Ato to inhibit the
357 adipogenic process in bone marrow MSCs from aplastic anemia patients. The typical pathological
358 feature of aplastic anemia is an increase in the number of fat cells and a reduction in the number of
359 osteoblasts in the bone marrow. Both fat cells and osteoblasts in bone marrow are derived from
360 MSCs. Generally, adipogenic and osteogenic differentiation is a dynamic and balanced process, and
361 an imbalance in this process may participate in the occurrence and progression of many diseases. In
362 this study, the authors reported that Ato inhibits adipogenic differentiation and promotes osteogenic
363 differentiation in MSCs from aplastic anemia patients (54). The authors did not correlate the
364 observed effects with the PML levels, but consistently with the data shown here and with the ability

365 of Ato to downregulate PML expression (29), such a correlation could explain the efficiency of Ato
366 therapy.

367 Another fundamental point that we addressed here is the molecular mechanism by which PML can
368 affect adipogenesis. PML performs different functions due to its interaction with several proteins
369 and regulation of cell processes, including autophagy (38).

370 A balance in autophagy appears to be a key feature of efficient MSC differentiation and function
371 (37, 55), and accordingly, in this work we observed that the ability of PML to modulate the
372 autophagic levels is fundamental in the adipogenesis process. Loss of PML in MSCs leads to higher
373 autophagy levels which oppose to adipogenesis process, while modulation of autophagy levels (in
374 WT MSCs by rapamycin and in PML KO MSCs by Ly) restores the effects of PML.

375 Consistently, similar data showing that autophagy modulation with rapamycin inhibited adipocyte
376 formation; while autophagosome blockade with bafilomycin accelerated fat accumulation (56)
377 support our hypothesis that PML regulates adipogenesis by modulating the autophagy levels.

378 Regarding the signals driving the differentiation of MSCs into adipocytes in a PML-dependent
379 manner, our data suggest also a crucial role for PKC β .

380 Protein kinase C (PKC) is a member of the serine/threonine protein kinase family that plays
381 important roles in the control of a variety of cellular functions. Interestingly, PKC β shares common
382 aspects with PML as follows: PKC β is involved in the regulation of adipocyte differentiation (42)
383 and inhibits autophagy (46). In addition, PKC β KO mice consumed more food than WT mice daily
384 but gained less weight, suggesting that important alterations in energy expenditure and disposition
385 were present (57).

386 Our results show that PKC β upregulation is necessary for HG-dependent adipogenic differentiation
387 (Fig. 3) and that PML deletion prevents PKC β upregulation, resulting in adipogenesis impairment.
388 The reintroduction of correct levels of PKC β to PML KO MSCs rescued the adipogenic process
389 restoring correct levels of autophagy (Fig 4).

390 In conclusion, our data demonstrate a critical role for PML in orchestrating the adipogenic process
391 in MSCs, providing insight into the mechanisms underlying this process. We found that PML is
392 fundamental for maintaining the correct autophagy level during HG-dependent adipogenesis in
393 MSCs by allowing PKC β expression, which enables the differentiation process. This new link
394 among PML, PKC β and autophagy opens new therapeutic avenues for diseases characterized by an
395 imbalance in the MSC differentiation process, such as metabolic syndromes.

396

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401

402 **Conflict of Interest**

403 No conflicts of interest to disclose.

404

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552

553

554 **Figure Legends**

555

556 **Figure 1. PML is essential for high glucose dependent adipogenic differentiation.**

557 (a) Schematic representation of MDSCs isolation using the preplate technique. (b) Representative
558 immunoblot of PML, GAPDH and PPAR γ in WT and PML KO MDSCs. Where indicated, the cells
559 were cultured with 5 mM glucose (LG), 25 mM glucose (HG) and 25 mM glucose plus 500 nM
560 arsenic trioxide (Ato) for 7 days. (c) Quantification of the increase in PPAR γ levels (HG/LG). (d)
561 Representative images and (e) quantification of lipid drops by ORO staining. Magnification 10 \times ;
562 scale bar 10 μ m. (f) Quantification of lipid drops in WT and PML KO MDSCs cultured with LG or
563 HG for 3, 7, 14 and 21 days. (g) Representative immunoblot of PML and GAPDH in WT MDSCs
564 cultured with LG or HG for 3, 7, 14 and 21 days. h) Representative images and (i) quantification of
565 lipid drop area in WT and PML KO MDSCs cultured with HG for 21 days. Magnification 40 \times ;
566 scale bar 10 μ m. Student's t-test.

567 All data represent the mean \pm SD obtained from at least 3 independent experimental days. ANOVA
568 (unless indicated otherwise); *p<0.05, ** p<0.001, *** p<0.0001, ****p<0.00001 and n.s. p> 0.05

569

570 **Figure 2. Autophagic levels regulated by PML affect high glucose dependent adipogenic**
571 **differentiation**

572 WT and PML KO MDSCs were cultured, as indicated, in 5mM glucose (LG), 25 mM glucose (HG)
573 and HG plus 500 nM arsenic trioxide (Ato), or plus 100 nM Rapamycin (Rapa) or plus 50 μ M
574 Ly294002 (Ly) for 7 days. (a) Representative immunoblot of PML, GAPDH and LC3. (b)
575 Representative images and (c) quantification of GFP-LC3 clustering in MDSCs. Magnification 60 \times ;
576 scale bar 10 μ m. The data are shown as the median (+) plus the min to max values (box). (d,g)
577 Representative immunoblot of PML, GAPDH, PPAR γ and LC3. Adipogenic differentiation is
578 shown as (e,h) an increase in the ratio of the HG/LG PPAR γ and (f,i) quantification of lipid drops
579 with ORO staining.

580 Data are shown as the % mean \pm SD (unless indicated otherwise) obtained from at least 3
581 independent experimental days. ANOVA; *p<0.01, ** p<0.001, *** p<0.0001, and
582 ****p<0.00001.

583

584 **Figure 3. Autophagy and adipogenic potential in PKC β KO MDSC.**

585 (a) Representative immunoblot of PKC β , PPAR γ and GAPDH in WT MDSCs cultured with HG for
586 3, 7, 14 and 21 days. (b) Representative images and (c) quantification of lipid drops by ORO
587 staining in WT and PKC β KO MDSCs cultured with LG or HG. The data are shown as the % of

588 positive cells relative to the total number of cells. Magnification 10×; scale bar 10 μm. (d)
589 Representative immunoblot of PKCβ, GAPDH and LC3. Data represent the mean ± SD obtained
590 from at least 3 independent experimental days. ANOVA; *** p<0.0001, ****p<0.00001 and n.s. p>
591 0.05.

592

593 **Figure 4. Lack of PKCβ expression in PML KO prevents high glucose dependent adipogenic**
594 **differentiation.**

595 (a) Representative immunoblot of PML, PKCβ and β-Actin (b) and quantification of relative PKCβ
596 protein and (c) mRNA levels in WT and PML KO MDSCs cultured with HG and, as indicated, HG
597 plus 500 nM arsenic trioxide (Ato). (d) Representative immunoblot of PML, PKCβ, PPARγ, LC3
598 and GAPDH in WT, PML KO and PKCβ KO MDSCs cultured with HG and, as indicated, HG plus
599 500 nM arsenic trioxide (Ato) or infected with PKCβ-encoded virus for 7 days. (e) Quantification
600 of lipid drops with ORO staining in WT, PML KO and PKCβ KO MDSCs cultured with HG and, as
601 indicated, HG plus 500 nM arsenic trioxide (Ato) or infected with PKCβ-encoded virus for 7 days.
602 (f) A schematic model representing HG-dependent adipogenesis regulated by PML. Data represent
603 the mean ± SD obtained from at least 3 independent experimental days. ANOVA; *p<0.05 and ***
604 p<0.0001.

605

606 **Figure 5. PML levels increased in hADSCs from overweight patients**

607 (a) Schematic representation of hADSC isolation from human subcutaneous adipose tissue. hADSC
608 samples were divided into the following 3 groups according to the body mass index (BMI) of the
609 patient: normal weight BMI<25 kg/m² (blue), overweight 25<BMI<30 kg/m² (red) and obese
610 BMI>30 kg/m² (green). (b) Quantification of PML protein levels in hADSCs and (c) representative
611 immunoblot of PML, PKCβ and β-Actin in hADSCs. The data are shown as the mean ± SD.
612 ANOVA; ** p<0.01 and *** p<0.001.

613

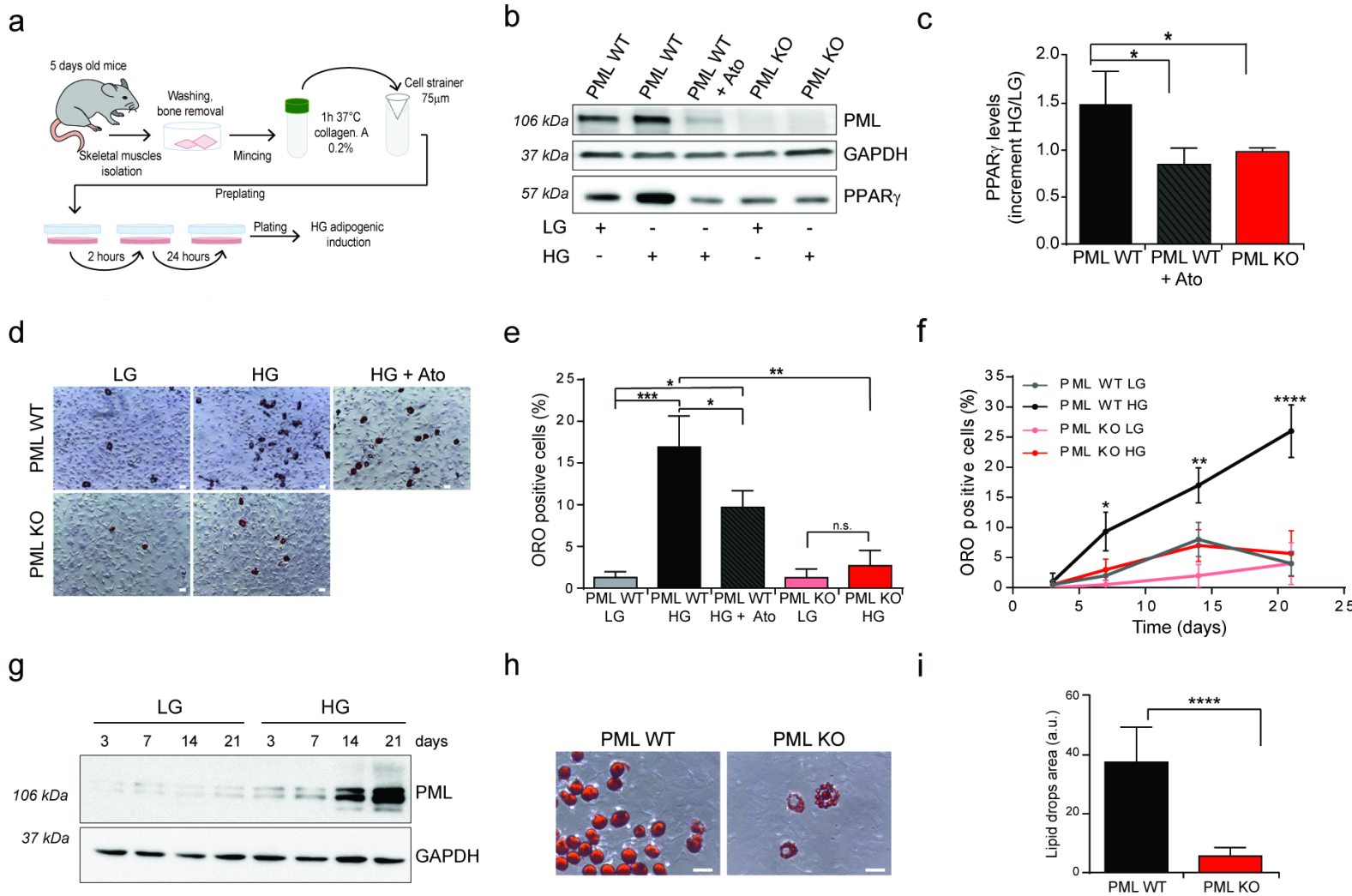


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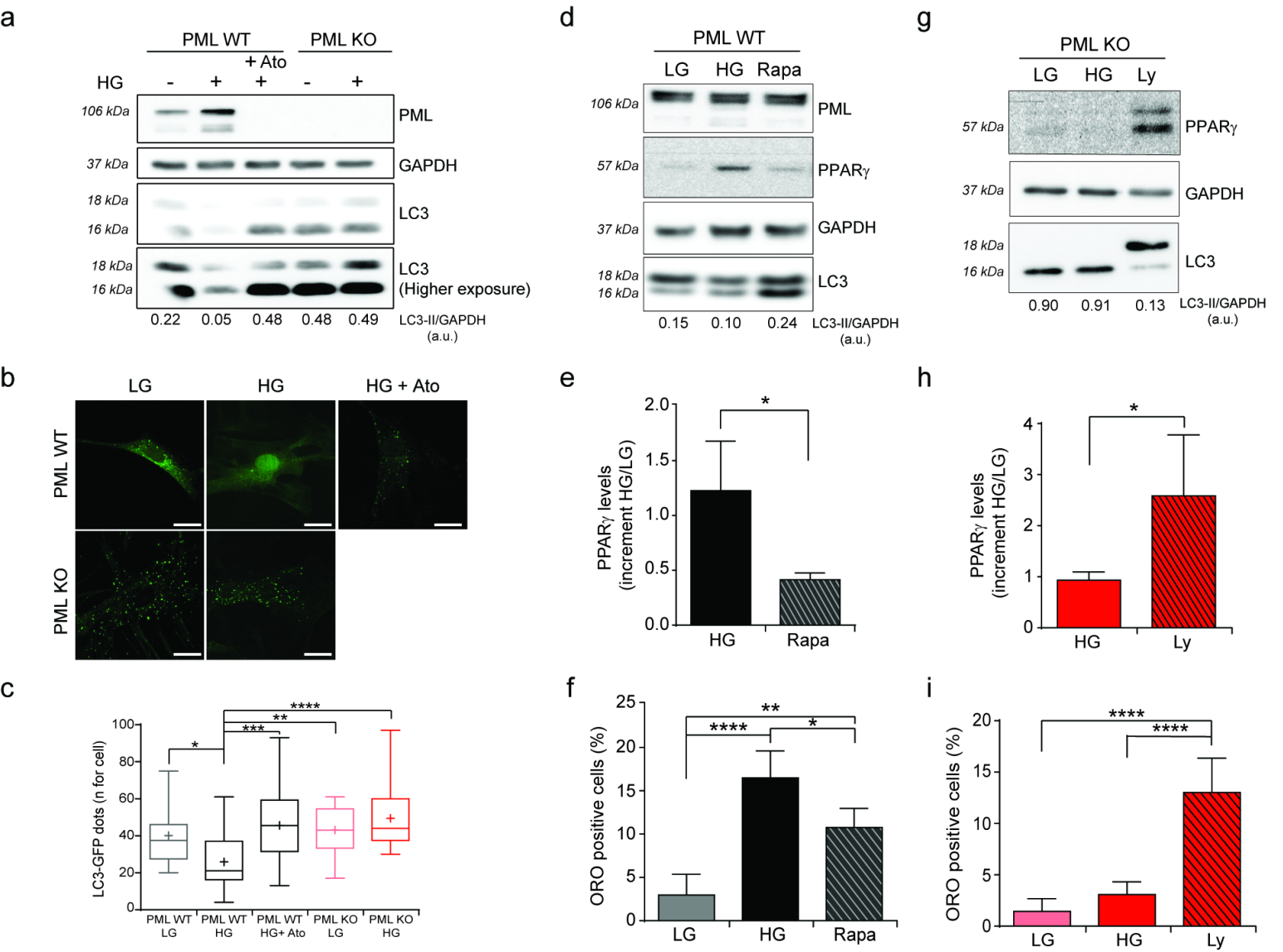


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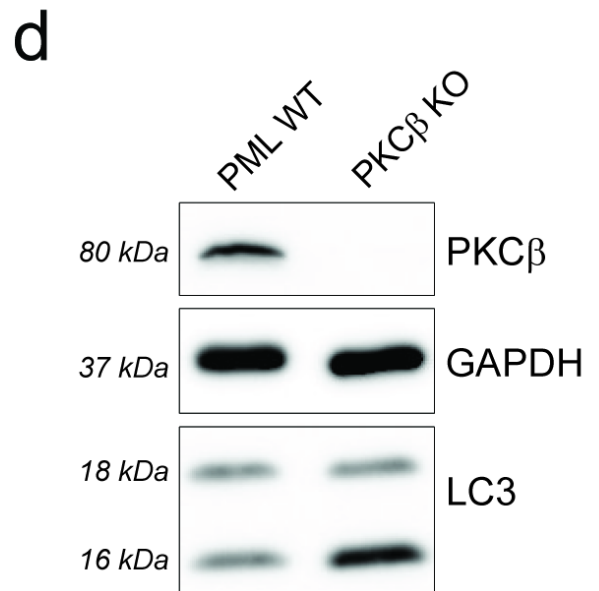
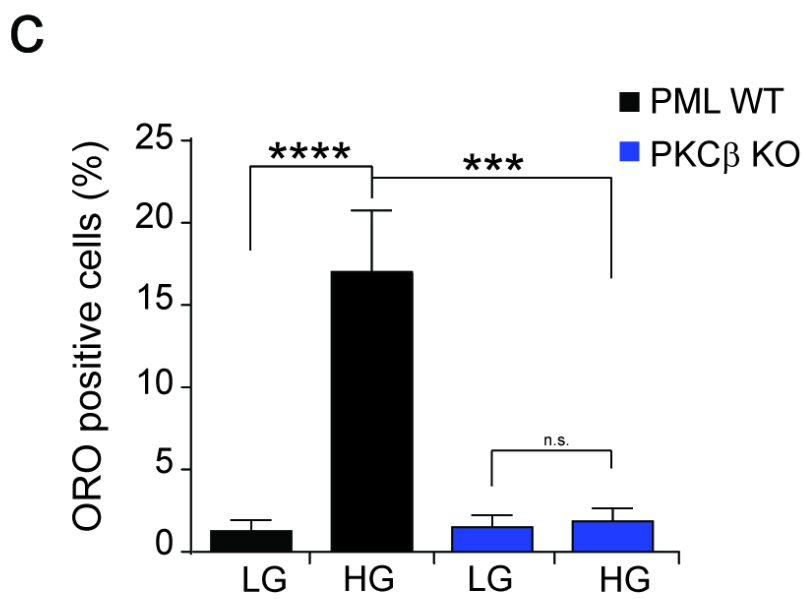
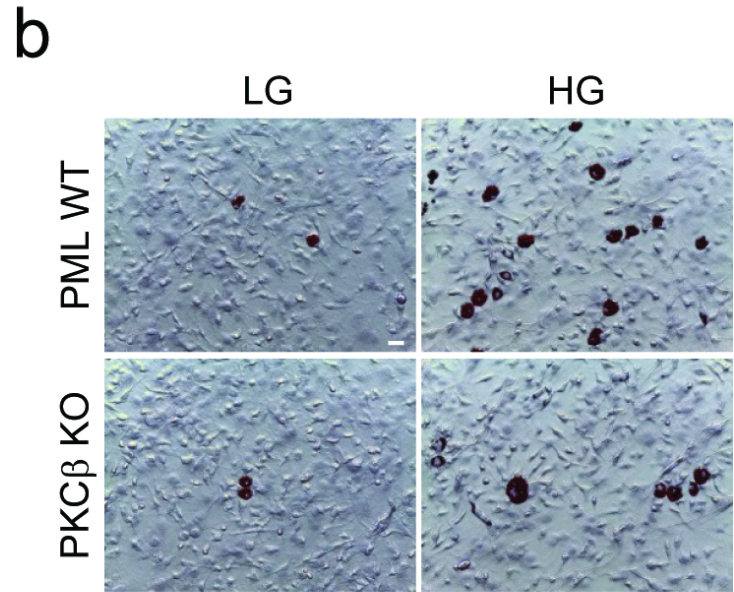
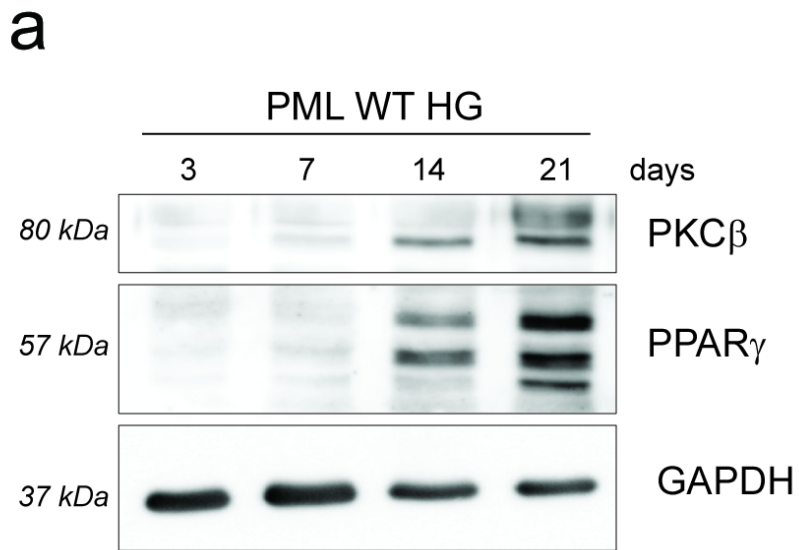


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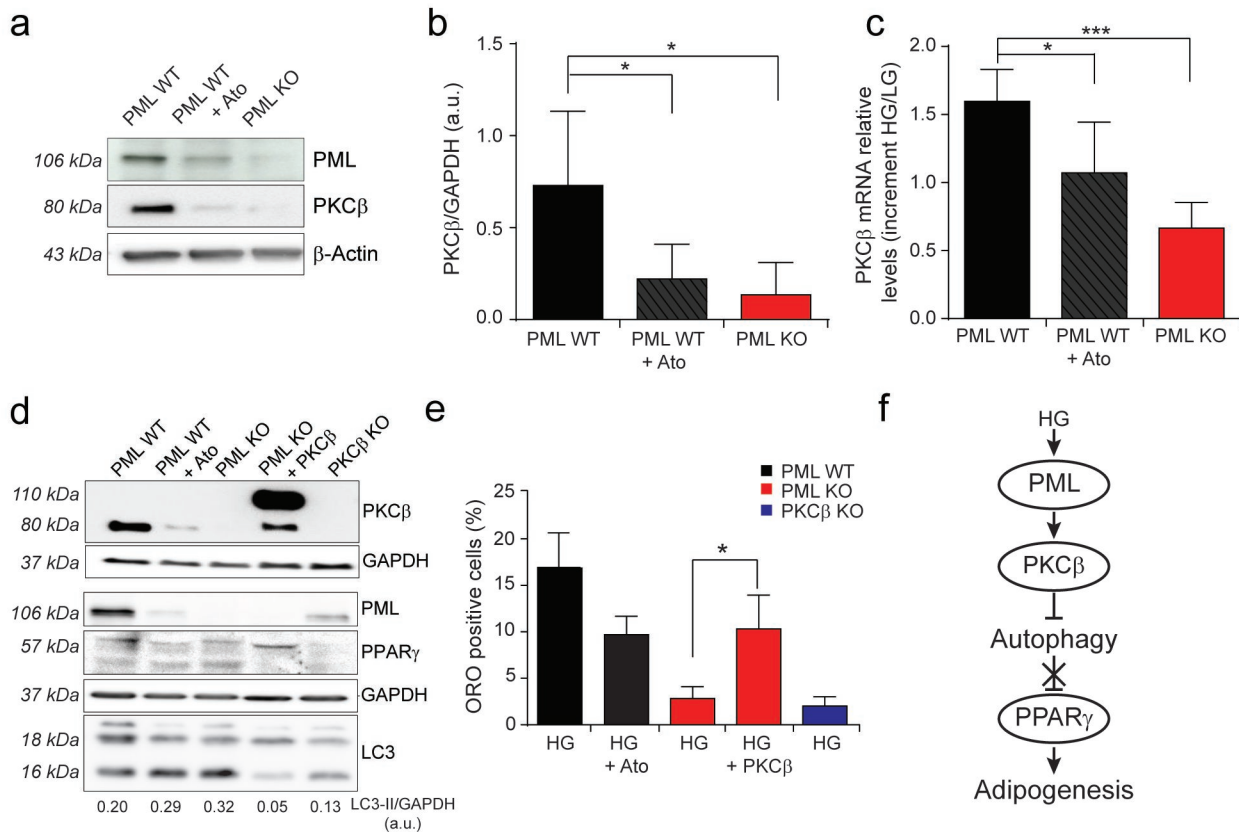


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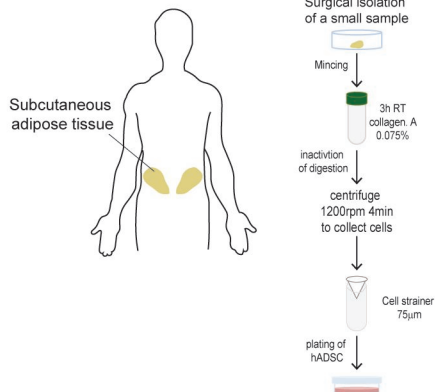
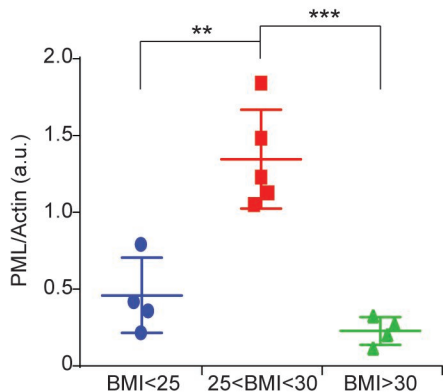
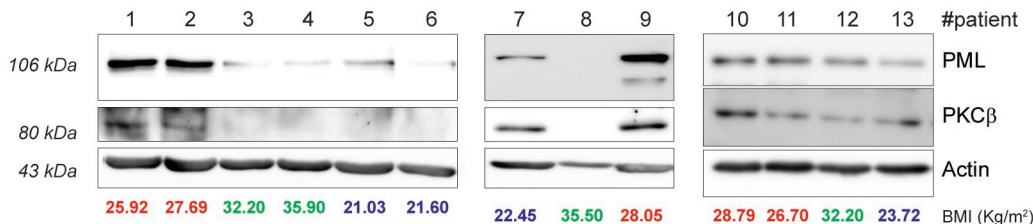
a**b****c**

Figure 5_Morganti et al.